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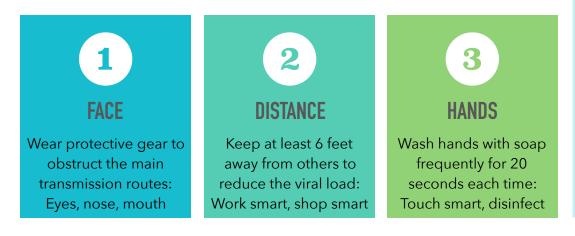
90th Missile Wing

Public Health Emergency Officer (PHEO) - NEWSLETTER



SARS-CoV-2 Vaccines—What we know

The current COVID-19 FDA-approved vaccines will (1) protect you from serious illness **if you are fully vaccinated**; and (2) recognize known variants of the original SARS-CoV-2. We <u>do not</u> yet know (1) how long immunity lasts; (2) how well the vaccines prevent the spread of the virus; and (3) why some SARS-CoV-2 variants circulating in some communities make some fully vaccinated individuals sick (<u>https://www.cdc.gov/coronavirus/2019-ncov/vaccines/</u>keythingstoknow.html). **Get vaccinated - And, continue following guidance:**





Avoid crowds and nonessential travel Follow CDC guidance for travel.



Disinfect surfaces-at least once a day Use CDCrecommended disinfectants.



Wash clothes/ linens, clean floors-at least once a week Use CDC-approved detergents.

18 MAY 2021

Population ("Herd") Immunity:

Population immunity is thought to have been achieved when a virus is having a hard time to spread from person to person. Based on how much we still <u>do not</u> know about SARS-CoV-2, scientists who have been studying pandemics, epidemics, and endemics believe that to reach population immunity for SARS-CoV-2, **we need 70-90%** population immunity (<u>https://</u> www.gao.gov/assets/gao-20-646sp.pdf; <u>https://</u> www.cidrap.umn.edu/osterholm-quotes). I agree.

On 13 May 2021, the CDC recommended that individuals in the U.S. who have been fully vaccinated can resume pre-pandemic activities without wearing face coverings or maintaining a 6foot distance; UNLESS, required by: (1) local businesses and workplaces; (2) local, state, tribal, territorial, or federal laws, rules and regulations. Face coverings are still required when using public transportation within and outside of the United States. For individuals with health conditions and/ or under medical treatment that weakens their immune systems, the CDC guidance remains as announced prior to 13 May 2021 (https:// www.cdc.gov/coronavirus/2019-ncov/vaccines/ fully-vaccinated.html). Get vaccinated; Keep wearing your face covering; Distance; Avoid crowds & unnecessary travel; Wash your hands.

Seek immediate emergency medical attention if <u>any</u> of the following occurs:

- Troubled breathing;
- Persistent pain or pressure in the chest;
- New confusion;
- Inability to wake or stay awake;
- Bluish lips or face

90TH MDG, FEW AFB—ROMC SYMPTOMATIC PATIENT CARD

NAME:

You are on 72-hour quarters minimum, From_____Through____

If your test is **positive**, a provider will contact you. In addition, you can access your test results on MICare (now called TRICARE Online).

ROMC Call Line

307-773-5132 - Monday to Friday: 0730 - 1600

Testing by Appointment Only - Hours Vary

